

# Week Four: And Next...

## Set up:

Video from Youtube: <http://youtu.be/i41qWJ6QjPI>; Laptop with projector so you can project the video so everyone can see it; Pens and paper for all participants; flip chart or other large writing surface and markers; 5 x 7 pieces of cardstock (optional: magazines, scissors and glue).

**RA Script:** (sections you will say are in italics)

*We have successfully discussed three types of violence and what you might witness as bystanders and what your options are no matter your barriers. In this final session, I hope you really connect to the possibility that this campus can be safer starting now—if you choose to do something, anything, when you see violence or the potential for violence to happen. Think about the person you want to be, about the legacy you want to leave on your campus. Do your choices align with that vision? Today's focus is all about you. Who do you want to be? When faced with a choice, what will you remind yourself so that you will make the choice that most closely aligns with you are and who you want to be? Change is possible, and it is possible because of you.*

## Video on Youtube:

*Let's watch this video for some inspiration.*

**Instructions for RA:** Either download this video from Youtube or have internet access so you can show it during the session: <http://youtu.be/i41qWJ6QjPI> or search Youtube for "Beyonce I Was Here video"

## Activity: Legacy

**Instructions for RA:** Pass out pens and paper and ask the question listed here. You might want to write it down on a large piece of paper so everyone can see it. After 5 - 10 minutes pass out cardstock and ask them to write down a few words that reflect how they want to be remembered or you can have magazines available for everyone to cut out words or images and past on the card.

*Take 5-10 minutes to think and write about the kind of person you want to be. When you have long left college and moved on to your careers, what will the people who know you say about what kind of person you are?*

*Now that you've had some time to consider the legacy you want to leave, take this card and write a few words that reflect how you want to be remembered. Then, put your name on the card. When we are done, I want everyone to share at least one of their words. Then, I will post the cards on our floor so we can see what we are all shooting for in our lives.*

## Closing:

*Thanks for doing this series of workshops with me. I know that we can make a difference on our campus. Remember I am a resource for you anytime you have questions.*